

## How do I get started?

1. Decide which healthcare profession you are interested in shadowing.
2. Visit [www.np-ahec.org](http://www.np-ahec.org)  
⇒ Programs Tab  
⇒ Job Shadowing and complete:  
  
Confidentiality and HIPAA Training  
&  
Job Shadow Authorization to Participate.
3. Upon receipt of your completed package, it could take up to two months to be scheduled for a shadowing experience as available.

**For More Information  
Please Contact:**



### Nebraska Panhandle AHEC

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Visit us at:

[www.np-ahec.org](http://www.np-ahec.org)

Or



**NebraskaPanhandleAhec**



"Connecting Students to Careers, Professionals to Communities, and Communities to Better Health"

## JOB SHADOWING



 *Regional West*

Nebraska Panhandle Area  
Health Education Center

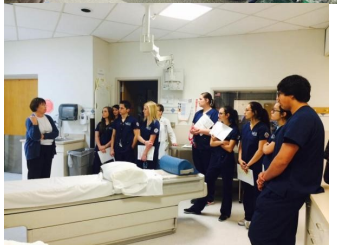
[www.np-ahec.org](http://www.np-ahec.org)

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## Have you thought about a career in healthcare?



Job shadowing helps you explore your options. Spend time observing healthcare professionals at their job doing what they do. Shadow a healthcare professional in one of these areas:

BIRTH & INFANT CARE CENTER (BICC)

EMERGENCY MEDICAL SERVICES (EMS)

EMERGENCY ROOM

NEONATAL INTENSIVE CARE UNIT (NICU)

NURSING

PHYSICAL THERAPY

RADIOLOGY

SURGERY



## Why Job Shadow in Healthcare?

Healthcare is experiencing workforce shortages. It is projected that 1/3 of all new jobs created in the U.S. will be in healthcare and the lowest rates of unemployment can be found in healthcare.

Opportunities to shadow in specific specialties may be available upon request.

Shadowing a professional is most important in the beginning of a career search.

Job shadowing is a win-win situation for both you and the healthcare professional. Everyone involved wants your experience to be worthwhile and interesting.

Job shadowing is the link between what you learn in school and careers.

Job shadowing answers the commonly asked question: "Why do I want to be a \_\_\_\_\_?"

Job shadowing can open a window into the exciting world that healthcare offers.

## Trauma Shadow Experience

Experience healthcare from EMS to a funeral. Small groups participate in a 2-3 hour simulation of an accident victim's journey through the EMS system. Participants' experience may include (based on availability) tours and meetings with professionals from:

Air Link

Valley Ambulance

RWMC Emergency Room

RWMC Imaging Services

RWMC Laboratory

RWMC Operating Room

RWMC Morgue

Dugan-Kramer Funeral Chapel & Crematory

If you have a small group interested in the Trauma Shadow Experience please visit [www.np-ahec.org](http://www.np-ahec.org) for more information.

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